

2022 MIAC Women's Swimming & Diving Championship Preview

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MINNEAPOLIS – For the first time since February of 2020, the Minnesota Intercollegiate Athletic Conference (MIAC) is set to host its Swimming and Diving Championships.

Nine women's teams from around the MIAC will compete in a four-day meet held Wednesday, February 16 through Saturday, February 19 at one of the nation's premier facilities, the University of Minnesota's Jean K. Freeman Aquatic Center in Minneapolis.

For the first time in program history, the St. Catherine University Wildcats will enter the conference meet as the reigning and defending champion. St. Kate's won the 2019-20 MIAC title by a 36.5 point margin to claim the Wildcats' first-ever conference championship in swimming and diving. St. Olaf holds the record for most MIAC titles in women's swimming and diving with 15 all-time, followed by Gustavus with 10, St. Thomas and Hamline each with four, Carleton with three, and Saint Benedict and St. Catherine with one apiece.



The 2022 MIAC Swimming and Diving Championships will begin on Wednesday night with a preliminary round of the men's one-meter diving competition at 6:00 p.m. (doors open at 5:00 p.m.), followed by finals of that event, plus the men's and women's 200-yard medley and 800-yard freestyle relays. Finals will begin at 7:30 p.m. Morning prelim sessions will be held on Thursday, Friday, and Saturday, all beginning at 10:30 a.m. (doors open at 9:00 a.m.). The evening championship sessions on those days will all begin at 6:30 p.m. Doors will open on Thursday and Friday at 5:00 p.m., with doors opening for Saturday's finale at 2:00 p.m.

ADMISSION INFORMATION

All tickets will be sold and purchased online via HomeTown Ticketing. There will not be cash sales at the venue; however, spectators can purchase tickets using a mobile device at any time, including while at the venue. To purchase tickets at any time, click the [MIAC's HomeTown Ticketing site](#).

"All-session" tickets will grant admission to all seven sessions of the Championships. Adult passes are \$65 and student passes are \$25. Children ages five and under do not require a ticket. Those eligible for student tickets include individuals currently enrolled in undergraduate college, high school, middle school, and elementary school. Student ID is required where applicable.

Single-session tickets are also available for purchase online only. Single-session adult tickets are \$12 each, while student tickets are \$6. Children ages five and under do not require a ticket.

HEALTH AND SAFETY PROTOCOLS

Per University of Minnesota Campus Policy, all in attendance are required to properly wear a face covering inside the Aquatics Center.

GOING PAPERLESS

Printed heat sheets will no longer be available at the venue; instead, fans will be able to download the information directly from the [championship home page](#) to their smart devices or print at home ahead of time. QR codes will be posted at the venue for fans to scan as needed and links will be updated with the latest information as soon as it is determined after each session.

WATCH FROM HOME

All sessions of the championships will be streamed by School Space Media. Fans unable to attend the championships in person will be able to register for a PrepSpotlight.TV account and purchase the stream(s) online for \$10 per session or \$40 for the entire championship meet. All purchased streams will remain available to re-watch on PrepSpotlight.TV at any time.

Package details and purchasing information can be found [here](#).

If you need help creating an account, click [here](#).

If you need help making a purchase, click [here](#).

FOLLOW THE ACTION

The [2022 MIAC Swimming and Diving Championship homepage](#) features the complete event schedules, psych sheet, venue information, health and safety protocols, ticket pricing, and streaming links. The site will be updated throughout the event with heat sheets, results,

recaps, and photos. Fans can also monitor MIAC men's and women's swimming and diving on-the-go via the MIAC Front Row app, which is a free download for both Apple and Android devices.

| [Championship Schedule](#) | [Psych Sheet](#) | [MIAC Leaderboard](#) | [Live Results](#) | [Video](#) |

HANDING OUT THE HARDWARE

A short awards ceremony will follow each event during the four evening sessions. The top three finishers in each event, including relays, will be named to the All-Conference Team, while individual finishers #4-6 and relay finisher #4 will receive honorable mention distinction.

On the final day of the championship, MIAC head coaches will also select the Male and Female Swimmers and Divers of the Year, representatives for the All-Sportsmanship Team, and the MIAC Coach of the Year honorees for both Men's and Women's Swimming and Diving.

Individual award recipients will be recognized at the conclusion of the final session on Saturday evening. MIAC championship plaques will then be presented to the first-place women's and men's teams.

IN THE POLLS

St. Catherine is ranked No. 15 in the nation in the latest [College Swimming & Diving Coaches Association of America Top 25 Poll](#), released earlier this month.

NATIONAL NOTABLES

Gustavus junior [Ellen Hofstede](#) (Hopkins, Minn.) ranks 24th in NCAA Division III for the 50 freestyle (23.60) and 19th for the 100 freestyle (51.25) this season.

Gustavus' 200 freestyle relay team of [Ellen Hofstede](#) (Hopkins, Minn.), [Marit Isaacson](#) (St. Paul, Minn. | Central), [Abby Yartz](#) (Bemidji, Minn.), and [Lucy Peterson](#) (St. Paul, Minn. | Central) ranks 20th in NCAA Division III this season with a time of 1:35.64.

St. Catherine senior [Maggie Menso](#) (Barrington, Ill.) has the 19th-fastest 500 freestyle time in Division III this season at 4:59.05.

St. Catherine senior [Jordyn Wentzel](#) (Corcoran, Minn. | Delano) ranks third in D-III with a 200 breaststroke time of 2:14.63, third in the 100 IM at 58.43, seventh in the 200 IM at 2:02.81, eighth in the 100 butterfly at 55.30, and 10th in the 200 freestyle at 1:50.73 this season.

St. Catherine's 400 freestyle relay team of [Jordyn Wentzel](#) (Corcoran, Minn. | Delano), [Macy Klein](#) (Apple Valley, Minn.), [Maggie Menso](#) (Barrington, Ill.), and [Annie Voss](#) (Mequon, Wis. | Divine Savior Holy Angels) ranks sixth in D-III with a time of 3:25.96 this season.

St. Catherine's 800 freestyle relay team of [Jordyn Wentzel](#) (Corcoran, Minn. | Delano), [Anneke van Oosterom](#) (St. Paul, Minn. | Cretin-Derham Hall), [Emma Svendsen](#) (Mead, Colo.), and [Maggie Menso](#) (Barrington, Ill.) ranks 13th in Division III with a time of 7:38.32 this season.

St. Catherine's 400 medley relay team of [Annie Voss](#) (Mequon, Wis. | Divine Savior Holy Angels), [Jordyn Wentzel](#) (Corcoran, Minn. | Delano), [Emma Svendsen](#) (Mead, Colo.), and [Macy Klein](#) (Apple Valley, Minn.) ranks 15th in Division III with a time of 3:49.41 this season.

St. Catherine's 200 medley relay team of [Amelia Baxley](#) (Minneapolis, Minn. | Southwest), [Jordyn Wentzel](#) (Corcoran, Minn. | Delano), [Emma Svendsen](#) (Mead, Colo.), and [Macy Klein](#) (Apple Valley, Minn.) ranks 23rd in D-III with a time of 1:44.80 this season.

St. Catherine's 200 freestyle relay team of [Macy Klein](#) (Apple Valley, Minn.), [Emma Svendsen](#) (Mead, Colo.), [Maggie Menso](#) (Barrington, Ill.), and [Jordyn Wentzel](#) (Corcoran, Minn. | Delano) ranks 25th in D-III this season with a time of 1:36.39.

DEFENDING THE CROWN

Despite the cancellation of the 2021 conference championships due to COVID-19, several reigning MIAC champions will be back in the pool to defend titles won in 2020.

Gustavus junior [Ellen Hofstede](#) (Hopkins, Minn.) won a pair of MIAC championships in 2020, touching the wall first in the 100 freestyle (51.08) and teaming with fellow junior [Abby Yartz](#) (Bemidji, Minn.) to help the Gusties claim the 200 freestyle relay crown (1:35.21).

St. Catherine senior [Amelia Baxley](#) (Minneapolis, Minn. | Southwest) was part of five MIAC titles and two record-breaking performances in 2020. Baxley competed on the Wildcats' victorious 200 medley relay (1:44.09), 400 medley relay (3:47.06, meet record), and 800 freestyle relay (7:29.60, MIAC overall record) squads, in addition to winning both the 100 backstroke (56.09) and 200 backstroke (2:02.66) two years ago.

St. Catherine senior [Macy Klein](#) (Apple Valley, Minn.) is the reigning MIAC champion in the 50 free (23.58) and also helped the Wildcats to victories in the 200 medley relay (1:44.09), 400 medley relay (3:47.06), and 400 freestyle relay (3:29.14) in 2020. The 400 medley relay time is a meet record, while Klein helped St. Kate's establish a new overall MIAC mark in the 400 freestyle relay with a time of 3:25.63 at the 2019 NCAA Division III Championships.

St. Catherine senior **Maggie Menso** (Barrington, Ill.) won three individual titles and helped the Wildcats to a pair of relay crowns in 2020. She took home top honors in the 200 free (1:51.20), 500 free (4:56.87), and 1650 free (17:01.23) in addition to swimming on the victorious 400 freestyle relay (3:29.14) and 800 freestyle relay (7:29.60) squads. Menso also helped SCU set the overall MIAC record with a time of 3:25.63 in the 400 freestyle relay at the 2019 NCAA Division III Championships. Individually, she also set the overall MIAC and meet records in the 500 free with a time of 4:51.31 at the 2019 MIAC Championships, set the overall MIAC record in the 1650 free with a time of 16:47.83 in 2018, and posted the meet record of 16:52.62 in the event at the 2019 MIAC Championships.

St. Catherine senior **Hannah Svendsen** (Mead, Colo.) won the 400 IM title at the 2020 MIAC Championships with a time of 4:28.99 and was part of the Wildcats' meet-record-setting 400 medley relay squad that won in 3:47.06 two years ago.

St. Catherine senior **Jordyn Wentzel** (Corcoran, Minn. | Delano) is a returning conference champion in six events (three individual, three relay) in addition to being a two-time defending MIAC Swimmer of the Year recipient. Individually, Wentzel set the meet, MIAC, and NCAA Division III records in the 200 breaststroke in 2020 with a time of 2:11.85. She also set the meet record in the 200 individual medley at 2:01.59 in 2020 and holds the overall MIAC mark in the event after touching the wall in 2:01.00 at the 2019 NCAA Division III Championships. In relay competition, Wentzel helped set the meet record in the 400 medley relay with a time of 3:47.06 at the 2020 MIAC Championships and assisted the Wildcats to victory in the 400 freestyle relay with a time of 3:29.14. Wentzel was also part of the 400 free relay team that set the overall MIAC record time of 3:25.63 at the 2019 NCAA Division III Championships and was part of one more MIAC record-setting performance in the 800 freestyle relay in 2020, as the Wildcats won the event at the conference meet in 7:29.60.

AROUND THE MIAC

Augsburg sophomore **Kaitlynne Haag** (Fargo, N.D. | West Fargo Sheyenne) has three top-30 MIAC times this season, including marks in the 100 breaststroke (1:16.02), 50 freestyle (26.44), and 200 freestyle (2:05.75). Haag's time top time in the 200 free at the Carthage meet was an improvement of 4.79 on her previous personal-best time and now ranks ninth-best time in program history.

Carleton sophomore **Brenna Russell** (Andover, Minn.) posted an 11-dive score of 411.85 from the 1-meter board at the Dodd Road Diving Invite earlier this month to land her a second qualifying standard of the season and punch a ticket to the NCAA Diving Regionals. Russell also has the MIAC's top recorded 11-dive mark off the 3-meter board this season at 335.20.

Concordia first-year **Hailey Jaeger** (Fargo, N.D. | Shanley) holds top-20 conference seed times in the 50 free (25.57) and 100 free (56.65) this season. Her 50 free time earned her a victory against UM-Morris to close out January and is just .60 off the school record in the event.

Gustavus junior **Ellen Hofstede** (Hopkins, Minn.) has the top MIAC seed time in both the 50 freestyle (23.60) and 100 freestyle (51.25) this season. She also ranks fourth in the 100 butterfly (58.84) and ninth in the 200 freestyle (1:58.96). Hofstede starred in a dual meet with UW-Stevens Point in January, sweeping all seven events with three individual wins and four relay victories.

Hamline junior **Courtney Broyles** (Fishers, Ind. | Hamilton Southeastern) boasts the MIAC's top six-dive score off the 3-meter board this season with a mark of 239.60. Her NCAA Division III zone qualifying score earned against St. Olaf in January is believed to be the first for a Hamline diver in multiple decades.

Macalester first-year **Verity Wray-Raabolle** (Owatonna, Minn. | Bethlehem Academy) has the MIAC's top seed time in the 100 backstroke this season at 57.93 and ranks third in the conference in the 200 backstroke at 2:08.56. Wray-Raabolle has enjoyed a record-breaking debut season, writing her name into the Macalester record books three times, including twice in the same race. In addition to setting a new mark in the 200 back at the Roger Ahlman Invitational in December, Wray-Raabolle also rewrote the 100 back standard while swimming the leadoff leg on the Scots' record-breaking 400 medley relay team.

Saint Benedict senior **Ana Birkliid** (Anoka, Minn.) enters the 2022 MIAC Championships with a trio of top-four conference times. Her program record time of 2:09.30 in the 200 IM ranks fourth in the MIAC this season, while she ranks third in the conference in the 200 free (1:55.78) and fourth in the 200 back (2:08.78). Birkliid first broke the Bennies' 200 IM record on the opening night of the Rochester Invitational in December before surpassing her own mark by four-tenths of a second later that same weekend.

St. Catherine senior **Jordyn Wentzel** (Corcoran, Minn. | Delano) leads the MIAC in the 100 breaststroke (1:01.90), 200 breaststroke (2:14.63), and 200 IM (2:02.81) this season. She holds the overall MIAC record in all three events, along with the NCAA record in the 200 breaststroke (set at the 2020 MIAC Championships). Wentzel is also the two-time defending MIAC Swimmer of the Year and one of just five women to earn the award more than once since at least 2002. The conference has yet to see a three-time recipient.

St. Olaf sophomore **Izzy Treanor** (Minneapolis, Minn. | Wayzata) has the season's top six-dive score off the 1-meter board at 266.50. Her mark of 435.80 on eleven 1-meter dives earlier this month earned her a spot at the NCAA Regional Championships in Grand Rapids, Mich. on February 25-26.

FOR THE RECORD

The 2021-22 MIAC Women's Swimming & Diving Record Book contains annual Conference championship information, all-time award winners, MIAC and program record-holders, and more. The information included in the record book is based on available data and research for additional historical documents is ongoing.